

## COVID GUIDELINES

- Games time for U5 & U6 split for two fields to be open for families to social distance.
- Mask required for coaches during practices and games (just like NFL, College, MLB rules)
- Stay home if you are sick or if anyone in your household is sick.
- No snacks after games
- Have your own equipment to help with covid (bring your own water, soccer ball & glove, helmet)
- If your player shows any symptoms of the flu, please keep them home until the symptom goes away.
- Children are required to wear masks when not on the field of play. It is optional if they would like to wear it during game play.
- Parents and supporters are asked to wear masks while on the sidelines and social distance.
- Parents and supporters are asked to sit together as household families at least 6 feet apart from the next family.
- Periodic hand sanitizing during breaks is encouraged.
- If a player/coach is confirmed with having COVID the following protocol is.
  - o At least 10 days since first symptoms first appeared.
  - o At least 24 hours with no fever with out fever-reducing medication and symptoms have improved.

Games times: (U11- 11,12 o'clock) (U8- 10,11) (U6- 9,10) (U5- 9,10)

Temperature checks must be done on each player before they enter practice or game play.